



She is the pure element of earth in all its manifestations.

Who is Mother Yin?

There are four elemental Dakinis in the pantheon. Mother Yin represents the earth element and holds the southern node of the mandala. She is the nature of earth in all its forms.

Location/Sphere of Influence

The earth itself in all its forms, from stalagmites, rocks, mountains, to ore, earth and sand.

Allies

Turtle. Rocks, mountains, grains of sand – the earth itself.

Nature & Description of Dakini

Maha Yin is solidity, density and specific gravity.

She represents longevity, and is still, slow, deep and meditative.

She is strong, firm and enduring. Solid as a rock.

She forms your dependable foundation.

She is the most solid, has the most density of all the Dakinis. She forms the basis of all terrestrial life. She is the quality of the very earth itself, from ore to mountains, rocks to sand.

She dwells in the dark caverns of the earth. Her body is the rock, the mountain and the soil, the body of the earth. She manifests in all the textures of the substance of the planet. She is the consciousness of the stones, the primal vibration in the Cave of Creation.

She is the substance of the planet.

The palette of her being is reflected in the colors of the skin of the different races of the world. As the earth is often represented by the square, Mother Yin presents herself as the landscape of the four directions, guarding the four gateways.

In the center she lies back to provide the ground of all being, she opens herself in support of life. The dark yoni (vulva) of the earth is seen beneath her hair, center of the volcanic landscape that births new earth.

Mother Yin stands beyond on the back of turtle. She takes the classic pose of the Palaeolithic mother goddess statues and holds the horn of plenty, representing the abundance of the earth. The turtle signifies the primal mother and represents longevity. It is connected to earth, the feminine and to lunar cycles. In myths from different cultures, the turtle is the one who supports earthly life on its back.

Behind her is Mont Meru, a mountain in the Himalayas that is both physically manifest and a place mythologically known as 'the center of the Universe'.

Divinatory Meaning

A gift from Mother Yin of grounding, deep in the core of your being.

Re-establishing a connection to things from the ground up.

Getting back to basics, to the basis that underlies the current position in which you now find yourself.

Establish ground zero.

Seeking stability in relationship or in livelihood.

The questioner seeks stability, strong foundations in their life or in their consciousness.

This could manifest in the need to feel anchored in one place, seeking a home, or one who finds strength and stability in the place they inhabit.

The need to establish firm foundations in relation to whatever you are building.

'Build upon the rock, not upon the sand'.

Physical location is highlighted in this portal, your 'little plot of earth'.

Are you living where you want to be? If not, the signs are that you should move towards being where your heart calls you to be.

Meanwhile, if you can't be at the place you love, love the place you live.

This is important. At whatever node of the earth's surface you happen to be planted at this time, send her your feelings of love, connection and appreciation, even through the concrete. She will feel it.

Do not make decisions quickly or without time to reflect deeply on the long term consequences of your decisions.

Slow down.

Patience and endurance.

Longevity.

Deep memories rise to the surface. Are they mountains or grains of sand?

Do they dominate the landscape of your life? Are they boulders in your path or stepping stones along your way? Are they like grains of sand that cover the shores of your being?

Time to stop and look deeply. Examine the ground of your being, your inner landscape as well as the outer.

Mother Earth is here to help you get grounded in yourself.

Beware of materialism.

Do not make decisions based solely on material gain. Look at long term consequences and the spiritual/psychic implications of all decisions and actions.

Concretise your ideas and visions.

A thought form that is fully realized as a material manifestation.

Understand that spirit inhabits the material, at all levels.

Penetrate areas of density, in yourself or in a situation or relationship. Have patience with the process.

The mother is an important principle in your life. Do you feel loved? Do you need to reconcile any feelings towards your mother? Do you need to be more mothering?

Let go of putting the burden on your biological mother. Go back to the Great Mother.

Mother Yin is here to fill those deep dark empty places in your soul and assure you that you are loved. Absolutely and unconditionally, the Mother loves you.

You are part of her.

A new level of respect evolves within you for the earth itself and all she witnesses and bears.

Indications

Know that the earth itself is a living consciousness. She is strong yet sensitive. She holds memories for a very long time. She cannot be owned, but she responds to love and loving care. She never forgets.

You are part of the body of the earth.

Attune to the timeless essence of the material form, the eternal cosmic signature that is mother earth.

Plant your hands in the soil, her sensitive soil. Caress the surface of the earth as you would touch a lover. Bring consciousness to all interactions with the earth. Ask her permission before you penetrate her. Bless and thank her at all times.

Find the quiet, still rooted place at the center of your being.

Listen to the song of the stones.

Your body may need earth minerals. Seek natural products originating from this element at this time.

Practices

1. Time to take up practice of Tai Chi, Chi Gong or any forms that relate you to the earth, to connecting to its core and releasing negative energy, receiving the energy of the earth.
2. Practice meditation.
If possible, lay down, spread-eagled, on the surface of the earth.
Acknowledge her as a living being and re-introduce yourself to her in a very intimate way.
Meditate and imagine yourself to be as still and centered as the earth itself.

Send love to Mother Yin, not as a child who takes their mother's love for granted, but as a grown being who, looking back, now sees how much their mother gave them and wants to give back as much as they can.

If you ever wonder what to do with your healing energy, your love, give it to Mother Yin, the earth who supports you and all the families of life that she gives life to. She can make good use of your gift for sometimes her heart is heavy, but that's because its so full...She holds it all, the joy and pain, life and death, birth and decay. Its what a mother does.

As the Buddha touched the earth to have her bear witness to his enlightenment, so you now touch the earth to bear witness to the glory of her being. Send love and deep appreciation, through your fingertips, to nourish her vast and glorious terrains.

Dakini Transmission

I am consciousness
Embodied
In density
I hold memories for a very long time
I sit in the Cave of Creation
And I hold steady
I spread myself everywhere
To support life

Affirmations

I am of the earth
I am grounded in my connection
I love the earth
As a child loves its mother
With my actions and intentions
I can nourish and give back to her