



She is the arousal of the inner fire that flows like liquid light to open consciousness to the realm of subtle vibration.

Who is Quetza Kundalini?

She is the embodiment of the Goddess that lives within each of our bodies, referred to as Kundalini in the Hindu Tantric tradition. She is visualized as a golden serpentine Goddess who lives at the base of the spine. When unawakened she lies coiled three and a half times. When she is activated, spontaneously or through Kundalini Yoga practices, she rises up through the centers of the body, called chakras. These chakras are seen as vortexes or wheels of swirling energy and each is visualized with its own color and number of petals or spokes. When Kundalini completes her ascent, the experience of liberation, bliss and oneness is visualized as her union in the crown with Shiva, her male counterpart.

Quetza Kundalini is the name given to the Dakini who wants to bring us the energy of Kundalini, feathered with the plumes of the Mayan winged serpent Quetzalcoatl. The prophecies say that Quetzalcoatl is being reborn as an energetic signature in these times, bringing in the 'New human'. The fusion of these energies represents the new galactic frequency.

Quetzalcoatl can also be translated as 'precious twin'. Kundalini can be viewed as each being's 'precious twin', the form of the goddess who lives within us all.

Kundalini Yoga is set forth as a means by which to access and work with the energy of Kundalini.

Location/Sphere of Influence

Subtle body. India/South America connection.

Allies

Plumed serpent/snakes & exotic birds.

Nature & Description of Dakini

Kundalini is the Dakini worshipped in the temple of the body. Her image displays the inner and outer temple of Quetza Kundalini. The fractal wings behind her indicate her ability to move from macrocosm to microcosm, to bring bliss to every cell and send waves of bliss through the Universe.

She operates in the bio-electric magnetic fields. Spirals of DNA rise through her and are generated by her.

As Kundalini moves within the subtle body, so the chakras, energy centers, of the rainbow body are shown within the Dakini and on her golden ziggurat, her temple.

The proportions of the ziggurat are those of the pyramid of Quetzacoatl in Mexico.

The vortexes and color coding of the chakras fills each of the seven steps.

She decorates the ziggurat with forms of herself as exotic temple carvings.

She is masked in filigree, as the face of Kundalini is hidden, being each being's personal Goddess energy.

She makes mudras (symbolic hand gestures), resonating with the energy fields of her illuminated body. Above her head her hands form the shape of a heart, for she too understands that this frequency is to be elevated.

She has eight arms, signifying that she moves not only in the four directions of the physical plane, but also in the above and the below and the past and future.

She has the scales of a snake winding around her for she is often called the 'serpent power'.

Below she touches the plane of duality, above she unites the principles in divine love.

The elixir of bliss, amrita, pours down through the temple as liquid light.

Divinatory Meaning

A gift from the Dakinis to activate your Kundalini.

Your body is your temple. Quetza Kundalini is here to help turn on the lights.

Realization that the body is not just solid matter, but a vibrant energy system just awaiting full activation. Your consciousness is the secret ingredient that is needed to turn your system on.

Every cell of your physical being is a piece of living consciousness. Every sentient being responds to energy. There is energy that is materialized and you can see its action, but there is also subtle energy that surrounds and pervades everything. These subtle energy fields are modulated with consciousness and our thoughts and feelings affect them.

Healers work in this way. Self healing works in this way.

Your body is your own personal laboratory in which you can conduct experiments on the mind/body interface, on the spirit/matter interaction.

Fortunately there is a body of wisdom, derived from the direct experience of yogis and yoginis, which can guide you in these realms of inner research and personal evolution.

Quetza Kundalini is here to bring you direct transmission.
She brings awareness of your bio-electrical energies and charges up your system.
Opportunity for rapid evolution.
Things suddenly shift to another level.
New experiences within yourself.
You may experience shivers, trembling of the limbs, sudden revelations, inner heat and sexual arousal.
Energy that is suddenly available and focused.
Sudden moments of deep insight and inspiration.
Integration.
Sexual energy that can be channeled into anything.
Sexual energy is the root energy, the raw material. If it is blocked, twisted or repressed then it is not available to complete its natural ascent into the other centers of the body where it feeds the will, the emotions and the functions of consciousness and higher consciousness.
Quetza Kundalini wants to set things in motion. If you want to tune in, you must be turned on. She's here to do that, if you are willing to play...
If you have a project or venture, Quetza Kundalini encourages you to visualize its inner subtle body, its energy system. Make a sketch or map of it and see how energy flows within its inner workings and where it is blocked or where there is a potential for things to get bogged down or stagnant. Use this insight to shift how things work so that energy can flow freely through the organism or organization.
Examine your own being in the same way.
Quetza Kundalini is here to give you some juice to assist in your breakthroughs.
She likes to swim in fresh newly released energy...Gives her a boost.

Indications

If you are not already familiar with the 'Subtle Body' of Tantra, Quetza Kundalini suggests you look into it. That is where she lives, so if she has come to visit you, she says its time for you to wake up to your own inner resources which are powerful tools for personal evolution.
Bathing your cells in the endorphins that orgasm releases could be beneficial for you.
You may also want to look into ways of cultivating sexual energy which are based in sending the energy upwards instead of releasing it. This is what leads to the kind of experience described as 'full body orgasm'.
In all situations, cultivate 'orgasms of the heart'.

Practices

1. Kundalini activation.

Sit in a comfortable crossed-legged position and close your eyes. Contract the muscles of the area just between your anus and your yoni (vagina) or scrotum. Keep contracting this region, sending upward moving waves of energy. At the same time envision a beautiful kundalini, in the form of a golden serpent, lying coiled three and a half times at the base of your spine. As you send the waves of energy, visualize your kundalini snake awakening and uncoiling as her body stretches upwards.

Now using your breath breathe in deeply, so the air pours into your body and fills your belly, like water pouring into a pot. As you inhale, visualize kundalini raising up the center of your being, reaching higher with each breath. She comes to rest at the energy centers of the subtle body, known as the chakras. Visualize them as spinning vortexes of energy as follows:

red at the base, the sexual center
orange at the spleen center
golden yellow at the solar plexus
green at the heart
blue at the throat
indigo at the third eye
violet at the crown

You hold your breath after you inhale, fully feeling the presence of kundalini in your subtle body at whichever center she has reached, holding the muscles tight you have been contracting at the same time to form a 'banda', a seal. Then as you exhale, release your muscles and let the bliss that she is permeate your whole being, infusing every cell with her liquid golden light energy.

Stay with this meditation until kundalini has completed her journey to your crown. When she reaches this position, see her as the golden Goddess Quetza Kundalini in blissful union with her male counterpart. Their golden lovelight radiates from your fontanel and pours down as liquid light into the lotus of your heart, filling it with divine bliss.

This practice from Dakini Kundalini should activate your inner Shakti and charge your electro-magnetic fields.

Mantra

A short mantra for Kundalini awakening:

ADI SHAKTI, ADI SHAKTI, ADI SHAKTI, NAMO NAMO

KUNDALINI MATA SHAKTI, MATA SHAKTI, MATA SHAKTI, NAMO NAMO

Translation:

To she who is Primal Power, Primal Power, Primal Power, I bow down, I bow down

To the Creative Kundalini Power of the Divine Mother, Divine Mother, Divine mother, I surrender myself, I bow down.

Dakini Transmission

I am your inner
Source of bliss
I am the serpent's
Tingling kiss
I make love to every
Single cell

I turn you on
I make you well
Awaken me!
I am your power
To manifest
And to transcend
For I am bliss
That never ends

Affirmations

I can realize
My full potential
By activating
My inner Shakti
I am ready
To evolve
And handle more energy